

Q: How can a chiropractor help

A: me?

Chiropractors are extensively educated in the prevention, assessment, diagnosis and management of musculoskeletal (MSK) conditions and associated neurological system and will recommend a course of treatment to help relieve pain and improve function without surgery or pharmaceuticals, such as manipulation, mobilization, soft tissue therapy, exercise, education, modalities (i.e. ultrasound or laser) and rehabilitation. Chiropractors are also trained to provide nutritional counseling, as well as recommend injury prevention strategies.

Specific training in spinal manipulative therapy (SMT) allows chiropractors to provide adjustments using highly-skilled and precise movements to the vertebrae of the spine, correcting joint motion to restore proper movement and improve function.

Benefits of Chiropractic Care

- Improved movement in your neck, shoulders, back and torso
- Better posture
- Relief from headaches, neck and back pain
- Prevention of work-related muscle and joint injuries
- Enhanced athletic performance
- Improved flexibility
- Relief of pregnancy-related backache
- Correction of gait and foot problems



Dr. Simpson Leung
Chiropractor

- Chiropractic Care
- Footlevelers Orthotics
- Massage Therapy
- MLS Laser Therapy
- Spinal Decompression
- Shockwave Therapy
- On-Premise X-Ray Facility



Contact us today
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